

## Course Description

# Body Language and Effective Communication

In this course students will learn importance of effective communication and reading body language. How to read different emotions, how to read body language and how to use the information to their personal and career advantage. They will also learn the power of first impressions and intuition and how to ask the questions and be an active listener when getting responses.

### **Course Requirements**

Anyone who is interested in learning about how to read body language and have effective communication is welcome to enroll in this class. No previous experience is required.

### **Course Goals**

Recognizing and Understanding Communication Styles (verbal and non- verbal communication).

How certain gestures, eye contact and other non-verbal forms of communication can be an indicator of what a person is thinking.

The posture, angles and expressions that can be read by another person.

How the arms, legs, eyes, head and posture can be used to determine what a person is feeling.

Eye contact, nail biting, and facial expressions are just a few of the ways you can read body language.

How to read human faces and micro expressions.

How to use your body language to aid in a job search.

How body language skills are used in professional settings

How body language will help with the first impression.

The relationship between intuition and body language.

How our self - esteem effects our body language and how others perceive us.

### **Course Topics**

Introduction to Communication

Body Language Basics

Definition of Conscious and Subconscious Mind

5 Levels of Listening

Greeting Body Language

Open Body Language

Closed Body Language

Aggressive Body Language

Assertive Body Language

Attentive Body Language

Bored Body Language

Confident Body Language

Deceptive Body Language

Defensive Body Language

Leadership Body Language

Dominant Body Language

Emotional Body Language

Evaluating Body Language

Power Body Language

Ready Body Language

Relaxed Body Language

Romantic Body Language

Sales Body Language

Interview Body Language

Submissive Body Language

Trustworthy Body Language

Success Body Language

7 Universal Micro-expressions

Physiognomy (reading faces)

Lie Detection

Reading Eyes

Tone of Voice and Intonation

Voluntary/Intentional movements and Involuntary movements

Personal, Intimate, Social and Public Space

Human Energy Reading

Manipulation Techniques

Art of Free Thinking

### **Course Materials**

All course materials are provided in this class. There is no need to buy additional resources.

### **Grading Policy**

A brief quiz and assignment will follow each lesson. Students will successfully complete this course with 80% or better.

### **About George Giorgashvili**

George Giorgashvili is an author of 5 books: "Body Language and Art of Mind Reading". This book became the "Best-Seller" in 2016. The Second is "What Body and Face Say", "Body Language of Leadership and Success", "Feng-Shui and Money" and "Magic Power of Mudras".

He is an expert of effective communication and body language. George gives lectures at different Universities, High Schools, training Politicians, Businessmen, lawyers, journalists all around Georgia.

George Giorgashvili has graduated from Tbilisi State University, where he got a bachelor's degree in Law, also studied Business Management and Marketing at UC Berkeley California, Haas School of Business, studied politics at Georgian-European School of Politics, Netherlands

Democracy School and University of Science and Technology of Beijing, China. He has worked locally and internationally at different organizations and government offices.

**Additional Information:** [www.bodylanguage.ge](http://www.bodylanguage.ge) [www.fengshui.ge](http://www.fengshui.ge) **Facebook official page:**

“Giorgi Giorgashvili გიორგი გიორგაშვილი” and another **facebook page** : სხეულის ენა და აზრების წაკითხვის ხელოვნება ( Body Language and Art of Mind Reading)

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